

Salesian spirituality is a joyful, practical way to live our Catholic faith. In the midst of the busyness of our many tasks, our founders emphasize living in relationship. The tradition of our charism is rooted in the mystery of the Visitation of Mary to Elizabeth, in loving service to others and in living our mutual relationship with God and each other.

The Visitation Sisters pray that every member of our Visitation family may “Live Jesus” by carrying Him to others as Mary did.

To learn more.....

<http://www.stlvisitationacf.com/>

 **St. Louis Visitation Associates Community**

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Live Jesus

Sisters of the Visitation of Holy Mary

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Mission Statement of the Associates Community

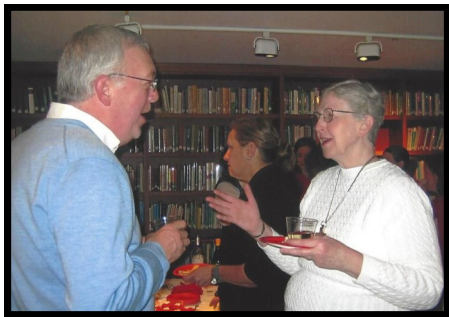
We, the Visitation Associates, are Christian women and men coming together from different walks of life to share in the deepening of our spiritual lives according to the vision of Christian renewal of St. Francis de Sales and St. Jane de Chantal.

It is our commitment to be witnesses to the Good News of Jesus. By our devotion to the endeavor, through study, (contemplative) prayer and service (to the larger community), we hope to truly LIVE + JESUS with joy in our hearts.

We bond with the Visitation Sisters in striving to grow in our trust in God, our love for one another and in appreciation of our differences, not only in our Associate Community but in the world community.



Associates enjoy being together,



Discussing our faith



And caring for others.



*Into the hillside country
Mary went, carrying Christ,
And all along the road
The Christ she carried
Generously bestowed His grace
On those she met.
I pray that I may carry Christ,
For it may be that
Some would never know of Him
Except through me.*



How do I become an Associate?

Associate groups form every other school year. For two years, we meet the first Tuesday of the month, September through May.

We begin with Night Prayer from The Liturgy of Hours. Then, we gather to read and discuss the timeless book *Introduction to the Devout Life* by Francis de Sales.

Following these two years, a person may wish to make a commitment to a devout life, in association with the Sisters and the entire Visitation community.

*Heart to Heart
We are companions
given to one another
as helpers in doing
God's work.
- St. Jane de Chantal*